INTERNATIONAL JOURNAL OF SOCIAL SCIENCE HUMANITY & MANAGEMENT RESEARCH

ISSN (print) 2833-2172, ISSN (online) 2833-2180

Volume 04 Issue 03 March 2025

DOI: 10.58806/ijsshmr.2025v4i03n03, Impact Factor: 6.79

Page No. 423-428

Sociological Effects of Attention Deficit and Hyperactivity Disorder on Children

Assoc. Prof. Dr. Pamir DİRİL

Teaching Assistant St. Clements University Psychology Clinical Psychology/Turkey-United Kingdom

ABSTRACT: The main purpose of this study is to examine in depth the sociological effects of attention deficit hyperactivity disorder (ADHD) on children and to develop a comprehensive understanding of this field. It is crucial to learn more about attention deficit hyperactivity disorder (ADHD) in order to understand that this disorder not only directly affects the quality of life of individuals, but also has significant effects on the overall structure of society. In this context, another issue that should be specifically emphasised is that detailed research on the social dynamics of ADHD fills an important knowledge gap in society and contributes to efforts to raise awareness on this issue. Raising awareness about ADHD plays a critical role for families, educators and health professionals as well as the society and provides a vital dimension in terms of coping strategies for this disorder at both individual and societal levels. Understanding the fact that children with attention deficit hyperactivity disorder (ADHD) have profound effects on their social relationships, educational processes and family dynamics is extremely important in order to comprehend the problems within the society and the challenges they pose. In this direction, a comprehensive analysis of the social dynamics associated with ADHD not only strengthens the understanding of social integrity, but also enables the views and experiences from different social segments to come together.

KEYWORDS: focusing problem, violence, hyperactivity, perception problem, interest,

INTRODUCTION

The difficulties and problems caused by attention deficit hyperactivity disorder (ADHD) not only affect mobility, but also involve a wide segment of society by affecting these children, their families, their circle of friends and educational systems. For this reason, one of the main objectives is to eliminate the lack of information about ADHD and to create a healthier social environment by creating more awareness on this issue. Establishing various support programmes within the education system, which should be developed specifically for children living with ADHD, gains significant importance as a critical necessity in order to increase the academic success of these children and to ensure their social integration. The implementation of these support programmes is vital for children to develop their talents and discover their own potential, and positively affects their success in the educational process. At the same time, these awareness-raising activities are especially important for teachers and parents. Because it has become a necessity to take the necessary steps to cope with ADHD symptoms and to ensure a healthier integration of these children in their social environment. Increasing the level of knowledge of educators and families requires them to assume a great responsibility in terms of creating a more effective and supportive environment in the developmental processes of children. In addition to this, increasing the quality of social life of children with ADHD means making a significant contribution in terms of finding a better place for themselves in society. In this context, examining the effects of ADHD is a subject area that can have important consequences not only for the individual development of children, but also for social cohesion and integration.

As a result, the creation of an appropriate social structure for individuals with ADHD to realise their potential is possible with an approach that covers all segments of society. In this context, it is extremely important that teachers and parents work in cooperation and create the synergy necessary for children living with ADHD to have a better educational experience. Thanks to the strategies to be developed, it should be ensured that the necessary structures are created for children with ADHD to be in a better position in social environments and to cope with the difficulties they face. While the collaborations to be made in this direction will provide more effective results for these children living with ADHD, increasing the level of awareness about ADHD throughout the society is considered as a critical step in supporting the integration of these children in their social environment. Establishing a strong support system for children to cope with the difficulties in their educational processes is a great necessity for both individual development and social development. In addition, raising awareness of all segments of the society on this issue enables children with ADHD to contribute more to their educational processes and increases the success of this process. Therefore, creating the necessary information, support systems and social structure is considered to be an extremely important and effective step to minimise

the negative effects of ADHD on children. Parents and educators should constantly exchange data and develop common solutions to ensure that these children grow up in a safe and supportive educational environment. Group work and social activities to be planned to improve the social skills of children with ADHD will help to strengthen their friendship relationships and increase their self-confidence. In addition, such activities provide important opportunities for better integration of children with ADHD with their social environment. These activities should be supported by various workshops and group therapies to be created to improve the social skills of individuals with ADHD, so that children can be more comfortable in social environments and accelerate the process of finding their own identities.

In conclusion, by adopting a holistic approach in the fight against ADHD, these children should be integrated into the society in a healthier way and the studies to be carried out should be designed in a way that will resonate similarly in all segments of the society. Ensuring cooperation and solidarity among all segments of the society is of vital importance in terms of reducing the effects of ADHD and maximising the potential of these individuals. It should not be forgotten that coping with ADHD is a complex process that requires a joint effort of all segments of society as well as individuals and families, and in this context, it is of great importance to address the practices in a multidimensional framework. From this perspective, the continuous development of innovative and interactive methods in line with the needs of individuals struggling with ADHD contributes to individual learning processes and helps to strengthen social interactions. Every step towards understanding ADHD and raising social awareness in this field offers valuable opportunities for the integration of children into society. As a society, it is of great importance that everyone takes responsibility to support the potential of these children.

Every step we take will improve the quality of life of these children, strengthen their social ties and significantly increase their contribution to society. Considering the complexity and versatility of the process of combating attention deficit hyperactivity disorder, the need for more research and practice studies on this subject is once again evident.

PURPOSE AND SCOPE

In this part of our study, the purpose and importance of the study to be carried out will be analysed in detail in a broader framework and meticulously, with a comprehensive examination process. The topics that will be evaluated with a wide perspective extending from the past to the present will be covered in depth by being equipped with rich details; especially attention deficit and hyperactivity disorder will be focused on. This complex condition, which is commonly known as ADHD in the society, but which has many symptoms and conditions together, will be examined in a multifaceted and in-depth manner in terms of its sociological, emotional and psychological effects on children and young individuals, and this examination will be done with care and a meticulous analysis will be provided. Because, concrete examples of how ADHD manifests in different individuals will be given through experiences and individual stories, and the seriousness and social response of the issue will be revealed. In this context, the effects of ADHD on individuals in certain age groups will be meticulously emphasised; the shaping roles of these individuals on their social relations, communication skills, academic achievements and career orientations will be carefully examined and the methods of overcoming the difficulties encountered in this process will be carefully emphasised. The study will also focus on the effects of the current living conditions of the individuals; in addition to the relationships within the family, the dynamics in the school environment and the various consequences in the social environment observed in the society at large will be studied in a broader framework and a more comprehensive analysis will be developed.

The difficulties caused by ADHD in daily life, the difficulties encountered in social interactions and the potential decline in academic achievement will be evaluated in detail in this context; in addition, information supported by striking data and statistics on how these conditions affect the quality of life of individuals will be presented. In the light of these findings, important inferences will be made at the social level and the prevalence of the effects of ADHD will be approached from a deep perspective. It is aimed to provide striking information on how these difficulties encountered especially in childhood will continue in the transition to adolescence and adulthood, and a valuable contribution will be made to a better understanding of the process experienced by individuals by providing detailed information about how the differences and change dynamics may be in this process. The main purpose of this study is to provide comprehensive information about attention deficit and hyperactivity disorder throughout the society, to raise awareness on this issue, to enable people to perceive this situation more clearly and to increase social sensitivity.

. It also aims to draw attention to uncertainties, misunderstandings and especially prejudices. In this direction, in addition to raising social awareness, an approach was adopted to contribute to the development of feasible and practical recommendations by interacting with families, educators and different segments of society. Thus, the main purpose and importance of the research is to better understand the social dimension of ADHD and to develop effective, innovative and appropriate solutions. Rigorous and detailed research to be carried out in this context will aim to increase social awareness by examining the various effects of ADHD on individuals and to make the society more sensitive by proposing innovative approaches to existing problems.

A comprehensive examination of the information obtained from studies on ADHD is expected to play a critical role in improving the quality of life of individuals by providing important contributions both in the academic field and in social life. The aim of the researches will be to address the multifaceted effects of ADHD on individuals in depth and aim to raise the living standards of individuals with ADHD by aiming to strengthen social awareness. In particular, studies to be carried out in order to provide more

in-depth information about ADHD in the society are expected to make significant contributions to the development of suggestions on how individuals can be supported in this process. While such initiatives will provide an effective understanding of ADHD, they will also make significant contributions to the positive transformation of social perception on the subject. In summary, the data and content provided by research on ADHD will increase social awareness, shape the mindset on this issue, and contribute to increasing social awareness by providing important opportunities to improve the quality of life of individuals.

Addressing the different experiences of each individual with ADHD may help to find ways to make treatment and support mechanisms more effective when necessary, as well as provide important foundations for society to better understand this condition. As a result, these in-depth and meticulously conducted studies will make the reflections of ADHD in the life of the individual more evident and will allow the society to create a permanent awareness by proposing effective solutions on the subject. Studies conducted in terms of ADHD affecting the social life, academic success and general happiness of the individual will not only increase awareness of this issue, but will also significantly strengthen social sensitivity. With the suggestions and solutions to be created within this framework, it is aimed to provide the necessary contribution to build a healthier and more balanced mental structure in society. When these studies are carried out effectively, they will pave the way for individuals and families to receive the support they need in the ADHD process more easily and increase awareness in the social structure. While these prospective studies provide a better understanding of the effects of ADHD in various fields, they aim to provide permanent information to the society about this problem by developing solutions.

What is Attention Deficit Hyperactivity Disorder?

Attention deficit and hyperactivity disorder has an important place as a disorder that is very common in individuals of different age groups today, occurs in many different forms and creates deep effects. This disorder is observed more clearly in the earliest stages, especially in childhood. ADHD comes with significant difficulties and troubles that affect many areas of individuals' lives. Although this disorder usually manifests itself with visible symptoms such as attention deficit, hyperactivity and impulsivity, over time this condition can leave permanent marks on the person's mental, physical, social and emotional development. As individuals have difficulty coping with this condition, they can frequently encounter different problems that affect their quality of life, and this situation creates significant sensitivities in society as it can lead to a series of dead ends in life. The effects of ADHD can lead to significant decreases in individuals' social relationships and academic success. Although children try to continue their education and take part in their social circles during this difficult process, they may have to live an extremely exhausting lifestyle due to the difficulties they frequently encounter. This situation can also have negative effects on children's psychological health, turning into problems such as deep anxiety, increased stress levels and social isolation.

Therefore, the difficulties brought by ADHD can pose significant problems by threatening both the psychological and social aspects of the individual. In addition, the significant decrease observed in the academic success levels of children with ADHD raises questions about the attitude of society towards these individuals and the quality of communication with them. Problems in relationships with their peers can negatively affect the child's self-esteem, and over time, they can also cause more complex and deep problems to emerge. The difficulties children face due to ADHD can create a constant stress factor in their daily lives, leading to permanent traumas in their social relationships, education and work life. At this point, the delicate nature of ADHD can have negative effects on the healthy development of children's learning skills, causing them to have difficulties in different areas. It is also very striking that these difficulties affect not only individuals but also their families, teachers and environments, creating a wider and more worrying impact. ADHD usually emerges in childhood and if the necessary support is not provided, this situation can continue into adulthood. In this context, it is of great importance to correctly recognize ADHD at an early age and to implement effective intervention strategies to correct the situation. The treatment process plays a critical role in increasing the child's academic success, supporting their social development and strengthening their psychological health. Management of attention deficit and hyperactivity is considered an inevitable stage for the child's general health and development. In this process, it becomes a critical necessity to ensure solid coordination with the cooperation of families, teachers and health professionals. In this way, children's individual needs are better understood and the most appropriate support opportunities can emerge.

Effective communication between educators, families and experts is of vital importance for children with ADHD to realize their potential at the highest level. This helps children grow up as healthier individuals and adapt to society in a more positive way, and makes significant contributions to their development. The management of ADHD should be considered and given due importance not only as an individual issue but also as a broader social responsibility and duty. Careful support of educational processes and developmental stages is of critical value in terms of increasing the psychological and social health of individuals. At this point, raising society's awareness of ADHD emerges as an extremely important issue. Creating awareness about ADHD is of great value in terms of better understanding the difficulties and problems experienced by children. Ensuring that diagnostic and treatment approaches for children with ADHD are developed in a supportive and understanding manner is essential for the healthy functioning of this process. By providing such awareness, social love and understanding contribute greatly to overcoming the difficulties that children with ADHD face. Ultimately, it is clear that the value of recognizing and correctly managing ADHD is a matter that needs to be emphasized again; because it is inevitable that every child who needs to be a healthy individual will be affected by this process. In particular, families, teachers and the society in general need to be more sensitive and conscious in order to understand, recognize

and support the difficulties and struggles experienced by children with ADHD. This situation becomes a necessary situation in order to fulfill our responsibilities in society and to prepare children successfully for a better future.

For this reason, increasing awareness about ADHD and determining appropriate strategies for effective management of the processes have become increasingly important. The complex structure of ADHD once again reveals the necessity of awareness and raising awareness on this issue. Social support and participation are essential in order to overcome the difficulties that each individual faces. In this context, it offers an extremely important opportunity for everyone, families, educators and health professionals to fulfill their responsibilities in this regard. A supportive social structure should be built to increase the quality of life of children with ADHD and ensure their social participation. In short, the existence of a healthy support mechanism is necessary for the recognition of ADHD and the development of effective management; this is possible through cooperation between individuals, families and society. For all these reasons, it is of great importance to state once again that the issue of ADHD needs to be addressed at individual and social levels. This is no longer just a health issue; over time, it has become an issue affecting broader social dynamics and is among the issues that everyone should think about and seek solutions for. There needs to be a continuous dialogue in society on minimizing the effects of ADHD, which strategies can be implemented and how this process can be made more effective.

The fight against ADHD is not only a personal coping process, but also a critical dimension in terms of contributing to the health of society and developing a sense of social responsibility. It is also very important to increase social support with a positive approach towards individuals with ADHD, to ensure effective support from families and to include educators in this process. Awareness needs to be raised to overcome the difficulties experienced by children with ADHD through programs and projects initiated in the field of education. Meticulous studies should be carried out in educational institutions to support self-confidence development, social skill acquisition and learning processes. The fact that educators and education experts are informed about ADHD will contribute to their better understanding of children's needs and effective communication. Therefore, conducting information and awareness-raising studies on ADHD within the education system is very important in terms of increasing the quality of life. Increasing social awareness about ADHD will form the basis of the steps to be taken in this regard; because social awareness plays a fundamental role in ensuring changes that will positively affect the lives of individuals with ADHD. It is of great importance for everyone to do their part in this regard and to show empathy towards individuals with ADHD in ensuring social justice and for children to develop healthily.

Therefore, understanding the effects of ADHD and producing sustainable solutions to cope with this situation will serve the purpose of increasing the quality of life of individuals. From this point on, it is a great need to take the necessary steps to recognize ADHD, manage it correctly and create a supportive environment. The deep connections established by attention deficit and hyperactivity disorder not only affect the lives of children, but also indirectly shape the lives of individuals around them and can have wide repercussions in society. While the comprehensive difficulties indicated by ADHD can occur in almost all of the time individuals spend in social interactions, this situation can also cause other relationships within the social structure to be questioned. Therefore, the recognition of ADHD and the development of an effective management play an important role in the lives of individuals of all ages, as it increases the effectiveness of social support resources. Advancing educational processes with a triple coordination; with an effective cooperation to be provided between family, teacher and health professionals, the potential of individuals with ADHD will be maximized. Taking the necessary steps to realize this situation will lead to a healthier development not only in the educational life of these individuals but also in their social life.

As a result, raising individuals who can cope with the difficulties of ADHD, have self-confidence and contribute to society becomes an extremely important goal for the future of society. It is obvious that the problems experienced by individuals with ADHD should be addressed in detail; because when these problems are not examined in depth, they can lead to potential losses of individuals and negative data that we do not observe in life. The development of the education system in this area and the steps taken to raise awareness in society will create a basis that will contribute to the growth of all individuals in a healthier society. In addition, increasing awareness of ADHD will create a better dynamic in society and family and environmental relations will be shaped in line with this dynamic. In summary, the place and importance of attention deficit and hyperactivity disorder in society stands out as an issue that everyone should contribute to; the effective implementation of the process will provide individuals with the opportunity to gain both personally and socially. Therefore, understanding the effects of ADHD, developing social support systems and focusing on issues such as the role of the family in this process are of vital importance for future generations to grow up as healthy individuals.

CONCLUSION

While the comprehensive difficulties indicated by ADHD can occur in almost all of the time individuals spend in social interactions, this situation can also cause other relationships within the social structure to be questioned. Therefore, the recognition of ADHD and the development of an effective management play an important role in the lives of individuals of all ages, as it increases the effectiveness of social support resources. Advancing educational processes with a triple coordination; with an effective cooperation to be provided between family, teacher and health professionals, the potential of individuals with ADHD will be maximized. Taking the necessary steps to realize this situation will lead to a healthier development not only in the educational life of these individuals

but also in their social life. As a result, raising individuals who can cope with the difficulties of ADHD, have self-confidence and contribute to society becomes an extremely important goal for the future of society. It is obvious that the problems experienced by individuals with ADHD should be addressed in detail; because when these problems are not examined in depth, they can lead to potential losses of individuals and negative data that we do not observe in life. The development of the education system in this area and the steps taken to raise awareness in society will create a basis that will contribute to the growth of all individuals in a healthier society. In addition, increasing awareness of ADHD will create a better dynamic in society and family and environmental relations will be shaped in line with this dynamic. In summary, the place and importance of attention deficit and hyperactivity disorder in society stands out as an issue that everyone should contribute to; the effective implementation of the process will provide individuals with the opportunity to gain both personally and socially. Therefore, understanding the effects of ADHD, developing social support systems and focusing on issues such as the role of the family in this process are of vital importance for future generations to grow up as healthy individuals.

Positive changes to be made in the field of education will greatly contribute to the process of integrating children with ADHD into society by increasing their active participation in life in a safe, healthy and successful manner, and will also help these individuals express themselves more healthily and successfully in society. In addition, it should definitely not be forgotten that this approach should not only be aimed at children, but should also open up space for all individuals participating in their learning processes. Ensuring this situation can help strengthen both individuals and the education system, as well as provide important gains from a social perspective. Reformers and policy makers of the education system should know that efforts to develop strategies for children with ADHD and to collaborate with deep understanding in the implementation of these strategies should be prioritized. Meeting the needs of children with ADHD, ensuring their active participation in education, and participating in society as stronger individuals have the potential to greatly contribute to the construction of a healthier and stronger society. Therefore, thinking deeply about how individuals will participate in social life and how they will contribute to their development processes necessitates the adoption of a rights-based approach in education. These approaches offer an opportunity for the education system to become truly inclusive. It should not be forgotten that ADHD is not only a diagnosis today, but also a different opportunity for the education system to become more inclusive, and this issue should be addressed and discussed with priority. This transformation to be realized in education should be evaluated as a concrete step in terms of making a meaningful impact on the lives of individuals with ADHD, revealing their potential and ensuring their more active participation in society, and the necessary steps should be taken carefully and without rushing. This entire process aims to increase the quality of life of children with ADHD at the intersection of education and social perspective. In order to further strengthen an egalitarian education environment and offer more, it is necessary to prepare a solid ground and strive to build the future on more solid foundations.

Along with increasing the support and resources provided to individuals with ADHD in education, adopting innovative and effective methods in pedagogical practices always plays a critical role in order to build an empowering structure for the realization of the potential of these children. Providing such developments will greatly contribute to a better educational experience for all students by undergoing a deep and permanent transformation of the education system and will also further increase the importance of the active participation of families and teachers in this process. In addition to this innovative process in education, the solutions to be put forward for the educational lives of children with ADHD and the implementation methods to be considered; the gains to be achieved with the combined efforts of families, teachers and society will contribute to all segments of society in the long term and will pave the way for the creation of a more inclusive education system. This privileged process will not only strengthen the rights of children with ADHD in education; it will also help these children integrate into society more firmly in the future and will make a great contribution to maximizing the potential of all individuals.

Positive changes in education will create effects felt in all areas of social life and will significantly contribute to the creation of more comprehensive support mechanisms by increasing the living standards of individuals with ADHD, therefore, processes in which relevant stakeholders participate and awareness is raised in this area play a critical role in the success of innovations in education. It is essential to ensure that individuals with ADHD integrate into society more easily and effectively; thus, increasing the overall efficiency of the education system and opening the way to create a more promising future for children and young people.

RESTRICTION

This study is limited to previous scientific studies from around the world. While the literature review was conducted within the existing framework, it is important to note that different geographical regions and cultural contexts were not considered from a broader perspective. However, given this study's adoption of a specific methodology and time constraints, it may

NOTICES

Evaluation: Evaluated by internal and external reviewers.

Conflict of Interest: The authors declare no conflict of interest related to this article.

Financial Support: The author has not disclosed any use of financial support in connection with this article. Have limitations in terms of general validity.

ETHICAL DECLARATION

The publication ethics of is a nationally based scientific journal in the field of social sciences that aims to ensure that scientific research and publications are carried out in accordance with basic principles such as honesty, openness, objectivity, respect for the findings and creations of others. Helsinki declaration criteria are taken into consideration.

REFERENCES

- 1) Polanczyk G, de Lma MS, Horta BL, Bederman J, Rohde LA. The worldwde prevalence of ADHD: a systematc revew and metaregresson analyss. Amercan journal of psychatry. 2007;164
- 2) Escobar R, Soutullo CA, Hervas A, Gastamnza X, Polaveja P, Glaberte I. Worse qualty of lfe for children wth newly dagnosed attentondefct/hyperactvty dsorder, compared wth asthmatc and healthy children. Pedatrcs. 2005;116
- 3) Mrug, S., Hoza, B., Pelham, W. E., Gnagy, E. M. & Grener, A. R. Behavor and peer status n chldren wth ADHD: Contnuty and change. Journal of Attenton Defcts. 2007; 10,
- 4) Topaloğlu, A. Ö. Etknik Temeli Sosyal Becer E tmnn Çocukların Akran l klerne Etks, Selçuk Ünverstes Sosyal Bimler Ensttüsü, Doktora Tez, 2013;Konya.
- 5) Jonston, C., Pelham, W. & Murphy A. Peer relatonshp n ADDH and nomal children: A developmental analyss of peer and teacher ratings. Journal of Abnormal Child Psychology. 1985
- 6) Coelho, L. F., Barbosa, D. L. F., Rzzutt, S., Bueno, O. F. A., & Mranda, M. C. Group cogntve behavoral therapy for children and adolescents wth ADHD Pscologa: Reflexão e Crítca. 2017; 30
- 7) Frankel F, Fenberg D. Socal problems assocated wth ADHD vs. ODD n chldren referred for frendshp problems. Chld Psychatry & Human Development. 2002;(49-81)
- 8) Hollar, D."A Holstc Theoretcal Model for Examing Welfare Reform: Qualty of Lfe", Public Administration Revew. 2003; 63(1), 90-99.
- 9) Storebø OJ, Gluud C, Wnkel P, Smonsen E. Socal-sklls and parental tranng plus standard treatment versus standard treatment for chldren wth ADHD--the randomsed SOSTRA tral. PLoS One. 2012;7
- 10) Landau, S., Mllch, R. & Dener M. Peer relatons of chldren wth Attenton-defct/hyperactvty dsorder. Reading and Wrtng Quarterly. 1998; 14, 83-105