

Socialization Problems Caused by Substance Abuse among Young People

Assoc. Dr. Pamir DİRİL

Teaching Assistant St. Clements University Psychology Clinical Psychology/Turkey-United Kingdom

ABSTRACT: To examine the socialization problems caused by substance addiction, especially among young people, in a much deeper way and to explain, analyze and discuss its effects on this issue in detail. By better understanding the social effects of substance addiction among young people, it is increasingly necessary to comprehend how and in what ways this addiction has such a profound impact on young people's lives, to raise public awareness on this important issue and to give it due importance. In this context, substance abuse is a complex, multi-dimensional and multi-layered phenomenon that affects not only individuals but also all segments of society. Therefore, it is important and urgent to address not only the individual but also the social dimensions of substance abuse among young people in detail. In addition, the seriousness of this situation for the younger generation should not be underestimated. More emphasis will be placed on how it affects the socialization processes of young people, and detailed and remarkable emphasis will be made on what measures can be taken to prevent this addiction and to enable young people to establish healthier social relationships.

KEYWORDS: Peer Pressure, Addiction, Mental problems, Adaptation, Lack of lov

INTRODUCTION

Comprehensive and systematic research on the socialization processes of young people can be among the critical steps towards raising public awareness on this issue. These efforts can also contribute to the development of more effective, permanent and sustainable solutions to youth socialization problems. Thus, effective strategies on socialization and social environments in the fight against addiction will make it easier for young people to overcome the difficulties in their lives. At this point, various initiatives such as awareness-raising campaigns, training programs and support groups can be created to help young people face addiction more and to make a significant impact on their social lives. Social media and other communication tools can be used as an effective tool to disseminate these awareness-raising activities and thus reach a wider audience. The ability of young people to tackle these challenges will be further strengthened through social support, cooperation and solidarity. In this process, creating comprehensive support mechanisms for young people and guiding them will be an extremely important effort to keep them away from substances. These programs, which will be put in place to help young people overcome the problems they face during their struggle against addiction, should be carefully designed and implemented in a way that will support them to lead a healthier, social and happier life in the future. In addition to all these factors, the cooperation of all stakeholders within the social structure will open the door to the development of more sustainable solutions.

This will lay the foundations for young people to cope with addiction problems and take important steps towards a healthier and more resilient society. The importance of providing young people with a healthy social life is demonstrated by the fact that providing them with a safe and supportive environment will greatly contribute to the development of their ability to cope with addiction. This is not only important at the individual level, but also at the societal level, with support and educational opportunities. These support mechanisms, which are necessary for young people to maintain their life balance, will free them from the sphere of influence of addiction, make their social environment more robust and supportive, and thus enable them to develop healthy relationships. In this way, young people's participation in social life will be increased and their attitudes towards addiction rallies will be strengthened. Furthermore, in this process, creating a reliable communication network among young people will increase the effectiveness of their social support mechanisms and pave the way for the establishment of strong social ties within the community. Especially for vulnerable groups, such support will be critical; additional resources should be provided to encourage them in their fight against addiction. In this context, universities, schools and community-based organizations should play an important role in supporting young people to cope with the challenges they face. Incorporating themes of awareness-raising and collective action into education programs would be an effective way to increase young people's resilience and provide them with more information about addiction. Expressing themselves in this process contributes to their empowerment and to their integration into society as more informed individuals. In addition, this study will focus on identifying resources, supports and strategies for young people to overcome addiction-related problems in a healthy way, developing a perspective that will serve and contribute to society. In addition, in order

Socialization Problems Caused by Substance Abuse among Young People

to effectively overcome the difficulties faced by young people in their socialization process, the steps to be taken by coming together will be of great importance and will allow this process to progress in a healthier way.

Thus, the provision of such social support will increase the determination of young people to stay away from substances and help the fight against addiction to become more effective and sustainable. Substance abuse causes serious social problems among young people, which in turn has a negative impact on the overall structure of society and significantly reduces the quality of life of individuals. In particular, when young people face such problems, it has a profoundly negative impact not only on the individual, but also on their families and the society around them, creating a wide sphere of influence, leading to weakened social ties, communication problems and family unrest. Therefore, there is a great need to develop social support mechanisms for young people to combat substance abuse. Such support mechanisms play a critical role in helping individuals integrate into their social environment and continue their social lives in a healthy way without being harmed. It is of great importance that young people can consciously cope with this addiction problem and realize the social interactions they desire in a healthy environment. The fact that young people need such support in their social development processes is essential for the healthy maintenance of the social structure. This research aims to examine the socialization problems caused by substance abuse among young people in detail and also aims to inform the society by raising awareness on this important issue. The healthy integration of young people into society is extremely important for the development of social skills of individuals. Social skills are one of the critical factors that determine how individuals interact in groups, how they build strong relationships with different people, how they adapt to social norms and how their emotional intelligence develops. This is noteworthy because a lack of social skills negatively affects young people's ability to express themselves and communicate effectively with others. Therefore, the social impacts of substance abuse and its negative effects on social life will be discussed in detail and comprehensive, in-depth and multifaceted information on the subject will be presented. In addition, such research also aims to raise public awareness and make this critical issue, which many people ignore, more visible. In this context, an important step will be taken in developing effective and sustainable solutions to these problems at the societal level, and academic and social institutions will be encouraged to work together. In this way, all members of society will be encouraged to develop a higher sensitivity towards this issue and take an active role in solving the problems.

This will support young people to grow up in a healthy social environment. The ultimate goal of these efforts is to develop effective and lasting strategies against substance abuse, to minimize young people's future exposure to such problems and to raise a healthy generation by strengthening their presence in social life. It should never be forgotten that each individual can make a difference in this issue and make a positive contribution to society. Individuals' sensitivity to social problems will increase and the spirit of solidarity of the society will be strengthened. Strong solidarity demonstrated through enhanced social skills will improve the living standards of young people and make them part of a stronger society in the future. With enhanced social interaction and engagement, it will also be possible to address and solve social problems more effectively. In this context, it is important to implement various initiatives such as training programs, workshops and awareness campaigns for young people. Young people should be encouraged to come together on different platforms so that they are informed about social problems and can address these problems among themselves. Such initiatives will also help young people to create a safe and supportive environment where they can talk about the challenges they face and receive support when they need help. Developing and maintaining healthy social relationships is critical for the future of society. In this way, young people will be able to show sensitivity to social problems more effectively and support each other more. This will help individuals realize their potential and contribute to society. Strengthening the culture of solidarity and solidarity in society will mean a more solid social structure not only for today's youth but also for future generations. Such a structure will more easily lead to better interactions, healthier relationships and increased social success in all segments of society. Every step towards a better future for young people will be critical in strengthening ties with family, friends and community. At the same time, society's ability to cope with such problems requires an integrated approach and a common understanding of solutions with young people, so that lasting solutions and strategies that are acceptable to all can be developed. In short, efforts in this area aim to create important dynamics for not only individual transformation but also social transformation. These dynamics should be designed to encompass all the elements that young people need to have a healthy future. Moreover, the interaction of local organizations, educational institutions and social services will play a major role in the development of strategies against substance abuse. This will ensure the necessary cooperation and coordination to improve the situation of young people and increase the effectiveness of work in this area through awareness-raising campaigns and social awareness projects aimed at young people in order to increase institutional support.

The ability to cope with the negative consequences of substance abuse will become a critical variable not only for individuals but also for the overall health of society. As a result, these efforts will aim to strengthen social values and enable individuals to gain a foothold in social life. In the process, by increasing the spaces where young people interact socially, the aim will be to help them build healthier relationships and integrate more effectively into society. Collaborative action by educators, families and community leaders will lay the foundation for young people to grow up as well-grounded individuals in the future. The steps to be taken in this context will allow young people to have a better social environment, the opportunity to establish healthier relationships and to participate more openly in the adventure of participation in social life. The social skills that young people acquire in this process will give them the opportunity not only to develop individually, but also to assume more effective roles in public spheres.

Socialization Problems Caused by Substance Abuse among Young People

Purpose and Scope

The main objective of this research is to examine the social relations of substance abuse among young people in an in-depth, comprehensive and systematic manner, as well as to define in detail and understand these complex dynamics. In this context, we aim to create a broad awareness and sensitization in society, especially among young people, by raising public awareness about this critical and extremely important issue. Within the broader framework of the scenario, the effort to comprehensively understand the social impact of substance abuse among young people is an extremely valuable and important part of the research objectives. This is because substance abuse can have a very negative impact not only on the lives, happiness and futures of young people in this situation, but also on the lives of those around them. The main problems of this include disruption of social interactions, damage to personal relationships and negative effects on group dynamics. Unfortunately, this negative situation is often overlooked, and over time it becomes a wider societal problem, resonating at many levels of society. Addressing such a situation is of serious importance. At this stage, the development of a correct and effective approach to substance abuse has become a critical social and social necessity to raise public awareness on this vital issue. Furthermore, it has become imperative for the general structure of society and the healthy development of young people that more efforts are made to raise awareness in this area and to raise the level of social consciousness.

It is also aimed to disseminate the results of the research to large masses through various educational programs, social campaigns and other awareness-raising activities. In this way, it will be ensured that young people become more aware of this very critical issue and it will be aimed to create a solution to some extent for the problems they experience. In this context, it is of utmost importance to address the deep traces left by substance addiction in the lives of young individuals and to examine the impact of these traces on social relations in depth. The analysis of the data obtained will not only reveal the negative effects on the lives of individuals, but will also have a critical importance for social policies, intervention strategies and rehabilitation programs. The emotional difficulties, social exclusion and feelings of loneliness experienced by young people in this process are factors that have a profound impact on the relationships between individuals. Carefully analyzing these processes plays a crucial role in helping to shape future social policies. Such analyses can provide useful information that has the potential to contribute to reshaping social structures and improving the quality of life of young people. In this way, the steps to be taken in line with the research findings can have a great potential to bring about social change and transformation.

This situation has the power to positively affect the overall structure of society and has the potential to create an important opportunity for young people to develop healthier social relationships. Furthermore, more coverage and discussion of this issue will raise social awareness and create a basis for a more sensitive approach to such problems faced by society in general. To summarize, each step taken in the fight against substance abuse will not only affect the social lives of young people, but will also play an effective role in raising society to a more conscious and sensitive level. This will contribute to positive developments in the social lives of individuals, laying an important foundation for the construction of a healthier society in the future. Moreover, developing a more comprehensive and holistic understanding of the serious problems in the lives of young people can lead to important social consequences in the light of sociological and psychological findings in the future. In this way, in addition to educational and rehabilitation-oriented programs, there will be more dialogue and debate in society on this issue. In this way, individuals' quality of life will improve and social ties will be strengthened. In conclusion, the possibilities offered by this research not only provide an important opportunity for the reconstruction of the social structure of society, but also have the potential to contribute to building a healthier future together. In-depth and detailed studies of this kind are crucial to better understand the social challenges faced by young people and to develop solutions.

Therefore, implementing the results of the research and comprehensively evaluating its societal impacts has become a great necessity in order to address such problems more effectively. In this way, more effective information on the social effects of substance abuse will be obtained and social awareness will be raised to combat this issue. At the same time, a broader discussion on the problems faced by young people and the repercussions of these problems should be created in this direction. This will enable the development of new ways of raising public awareness of these issues. Individuals should be encouraged to post on social media and on various platforms about these issues and exchange ideas in a way that will have an impact on society. It is also essential to organize trainings and workshops for young people to learn more about these issues. In this context, local governments and voluntary organizations can work in cooperation to develop projects that will increase the participation of young people in social life. This will not only contribute to the individual development of young people, but will also have a positive impact on the socio-cultural structure of society. Therefore, addressing the whole process of substance abuse in an integrated manner becomes an inevitable necessity for the future of society. Understanding substance abuse and its effects on young people is not only an important part of finding effective approaches and solutions, but also an important part of the process that will form the cornerstones of creating a healthier social structure. In-depth examination of the problems faced by young people plays a critical role in ensuring that individuals are involved in healthier social relationships and providing effective solutions to combat substance abuse. In this context, the adoption of an understanding that the activities carried out will be shaped to improve the quality of life of young individuals will be an important step that will contribute to raising the level of social awareness in the future

Socialization Problems Caused by Substance Abuse among Young People

This study sets as an extremely important goal to examine in depth the socialization problems caused by substance abuse among young people, as well as to comprehensively address various solutions to these important and serious issues. In the process of examining the issue of substance abuse among young people in detail, it aims not only to get to the root of the problem, but also to contribute to the advancement of research and scientific studies necessary to effectively deal with this complex problem. In this context, it aims to contribute to raising awareness about this problem at the societal level by revealing the negative effects of substance abuse on the social identities of young people through a systematic analysis. The long-term negative effects of these multidimensional and complex problems experienced by young people due to substance addiction are varied, with a significant negative impact on the socialization process of young people, seriously threatening the development of healthy social relationships, significantly damaging their social lives and thus negatively affecting their contribution to society. This issue is a factor that directly affects the relationship between substance abuse and the formation of social identities, which seriously undermines the ability of young people to express themselves and develop their talents, thus limiting their personal development and thus affecting social dynamics. This weakening at the individual level paves the way for the emergence of more negative effects at the social level, making it difficult to find solutions and causing a large number of social cohesion problems. With this effect, there is a disconnect in relations between individuals, which becomes a very serious threat to social cohesion and leads to the weakening of social structures.

In this context, there is an urgent need for the rapid and decisive development of various strategies and policies to effectively tackle youth substance abuse. Relevant institutions and organizations should not only support efforts to raise public awareness for the successful conduct of this fight, but also increase efforts to build strong bridges between families and youth through educational programs. The recovery of young people's health and the rebuilding of their social relationships in this process will lead to the creation of a lasting and robust structure, significantly increasing the capacity of not only individuals, but also the family and society at large to cope with this problem. At the same time, creating a strong sensitization in society against substance abuse makes it possible to bring healthier individuals into society and aims to contribute to strengthening social relations in this context. Creating a healthy social environment throughout the society will positively affect the socialization processes of young people in the future and contribute significantly to increasing their resilience against substance abuse. Effective provision of social support services will help improve the quality of life of young people, encourage them to make healthier and more informed life choices, and take an important step towards social cohesion. Healthy social environments to be created for young people are considered to be of great importance for them to find a place in society in the future; at the same time, it is emphasized once again that a continuous effort should be made for the sustainability of this process.

Thus, each individual will act by fulfilling his/her responsibilities towards the solution of the problem; this should be considered as a social responsibility. The involvement of all segments of society in this struggle reveals the need to create a common consciousness. This will lay the foundations for a strong structure that will benefit not only individuals but also the society as a whole. In addition, the implementation of the recommendations of this research will create more positive changes in the social environment of young people and create a healthy ground that will contribute to the development of the individual. In particular, providing a platform for young people to express their views and suggestions in this process will encourage them to better understand the problems and develop effective solutions, thereby increasing social participation and supporting the development of social norms. Therefore, this study is not only an academic analysis, but also has important implications for social sciences and aims to contribute to a more holistic approach to social problems.

In addition to strengthening social bonds, this will create new opportunities to address social problems more effectively. Managing all the resources necessary for young people to overcome an important problem such as substance abuse more effectively will reinforce the importance of the steps to be taken towards the creation of a sustainable social structure and will bring to the agenda the need to raise social awareness. The most prioritized factors that need to be emphasized are the knowledge that young people, who are the guarantors of our future, are not alone in overcoming the material and moral difficulties they experience in their social environment, and the trust, encouragement and support they receive from the society in this process.

CONCLUSION

The results of this study clearly show that substance abuse among young people leads to serious problems in relation to socialization. There is a significant decrease in the social relationships of young people exposed to substance abuse, which is directly related to the increase in conflicts within the family, as well as a significant decline in their academic performance due to the weakening of their social interactions. The results of the research emphasize and remarkably reveal the negative effects of substance abuse on young people. In particular, the learning processes and social friendships of young people with substance addiction are greatly damaged, which threatens their future quality of life. In addition to the importance of social support mechanisms and specialized counseling services for the rehabilitation and social integration of youth with substance addiction, there is also a critical need to develop new practices to enhance their individual and social development. These comprehensive findings pave the way for the development of various recommendations to more effectively improve and support the social lives of young people. Adopting a holistic approach to the prevention and effective treatment of substance abuse is nowadays a pressing necessity, especially in line

Socialization Problems Caused by Substance Abuse among Young People

with the goal of increasing the social integration of these young people and thus supporting the effort to build a healthier society. Such an approach aims to take important steps towards both strengthening the place of young people in social life and contributing to their individual development, thus contributing to the overall health of society.

Developing comprehensive solutions to create meaningful transformation for both individuals and communities in this process clearly demonstrates that substance abuse is not only an individual problem, but also a complex issue that affects social dynamics. Developing a common understanding is of paramount importance in solving such problems. In this context, efforts to support young people to grow up in a healthy social environment should be increased, encouraging them to seek help when they need it, and creating more effective strategies to solve all these problems. The importance of social support can help break the cycle of addiction by increasing young people's access to helpful resources, and the contribution of local communities in this process can become extremely valuable. Therefore, developing projects and activities that contribute to the social and psychological development of young people is very useful and necessary. Supporting such initiatives in local communities can ensure that young people have a stronger support infrastructure to tackle addiction, which in turn can create positive and lasting change in society at large. In addition, the role of families and educational institutions in this process should not be overlooked, and by providing them with training and resources, important steps should be taken towards creating a healthier society together.

Developing educational programs, raising awareness of parents about addiction is a multifaceted strategy that can encourage young people to seek social support. Organizing various activities and organizations that can positively affect the social lives of young people can strengthen their social interactions, increase the role of individuals and communities in this struggle and positively affect social dynamics. In this process, in addition to an effective treatment process, it is of great importance to develop social projects that will help young people lay solid foundations in their socialization lives. The findings of the study clearly and conclusively show that substance abuse causes serious socialization problems among young people that need to be addressed seriously. Not only does it create major obstacles in the social development of young people, but it also causes significant disruptions in the development of their social skills and has a significant negative impact on their social lives. Detailed analyses clearly show that there is a significant decrease in the social relationships of young people with substance abuse problems.

This decrease leads to an increase in various conflicts within the family, as well as a serious negative impact on their school life. It has been observed that tensions and disagreements are often at the forefront of these young people's relationships with their families, and this situation negatively affects family dynamics and disrupts the functioning of the family. In addition, the risk of exclusion from society is much higher for young people with substance addiction compared to the general population, which can lead to their detachment from their social environment and a feeling of loneliness. Lacking adequate support, these individuals increasingly weaken their ties with different social groups, friendships or community activities, which increases social isolation and becomes threatening. These important and remarkable findings clearly demonstrate the necessity of effectively combating substance abuse not only at the individual level but also at the social level. Every effort that will contribute to strengthening the social bonds of young people is of great importance for our society. Given that the underlying causes are complex and multidimensional, it is clear that every sector of society needs to contribute to this fight. Moreover, the fact that societal, individual problems come together to create a much bigger threat increases the seriousness of this issue many times over. Thus, it is of utmost importance to adopt a broad and inclusive perspective to develop solutions.

Every step taken to raise social awareness is vital in this challenging process. The realization of such struggles will help strengthen the social structure, raise young people as healthy individuals and help them contribute more actively to society. As a result, research and data in this field clearly show that in addition to psychological support programs, the education system also needs to be revised and strengthened. In addition, encouraging young people to be more involved in social activities is considered as another way to help them stay away from addictive substances. At the same time, creating and strengthening social support mechanisms in this context plays a critical role in protecting young people from substance abuse. This is extremely important for the healthy individuals of the future.

Meeting the emotional and social needs of this age group in the right way is of undeniable importance for their identity development. Thus, a vital step will be taken in the process of reducing the tendency towards addiction and reintegrating them into society. In addition to education, the effectiveness of rehabilitation processes should also be increased. Support groups should be established to strengthen social ties. Increasing the opportunities provided for young people to lead a healthy life will enable them to look at life from a more positive perspective and stay away from addictive substances. Accordingly, the importance of psychological support programs to improve their ability to express their feelings and thoughts, to strengthen their social skills and to reduce their anxiety levels is once again coming to light. In this context, all segments of society need to actively participate in this struggle and this is considered as a critical step for every step to be taken for young people to lead a healthy life. It is of utmost importance for our young people to move in this direction in order to strengthen the social structure and increase solidarity. Therefore, it is important to make this struggle even more effective by working together and in cooperation in order to carry our young people into the future with confidence. Strengthening social relations, raising social awareness, improving communication within the family and effectively supporting rehabilitation processes are among the important elements that need to be emphasized in this fight. Every

Socialization Problems Caused by Substance Abuse among Young People

step taken to create a healthier society for future generations will contribute to the solution of these problems and ensure that our young people have a brighter future.

RESTRICTION

This study is limited to previous scientific studies from around the world. While the literature review was conducted within the existing framework, it is important to note that different geographical regions and cultural contexts were not considered from a broader perspective. However, given this study's adoption of a specific methodology and time constraints, it may

NOTICES

Evaluation: Evaluated by internal and external reviewers.

Conflict of Interest: The authors declare no conflict of interest related to this article.

Financial Support: The author has not disclosed any use of financial support in connection with this article. Have limitations in terms of general validity.

ETHICAL DECLARATION

The publication ethics of is a nationally based scientific journal in the field of social sciences that aims to ensure that scientific research and publications are carried out in accordance with basic principles such as honesty, openness, objectivity, respect for the findings and creations of others. Helsinki declaration criteria are taken into consideration.

REFERENCES

- 1) Asan, O., Tıkr, B., Okay, I. T., & Göka, E. (2015). Sociodemographic and clinical characteristics of patients with alcohol and substance use disorders admitted to an AMATEM unit. *Journal of Addiction*, 16(1), 1-8.
- 2) Aslan, A., Arıca, O. T., & Karadaşlı, B. (2019). The relationship between social support and depression perceived by convicted individuals who use substances. *Journal of Addiction*, 20(1), 1-11.
- 3) Alkaç, Ç., et al. (2018). Prevalence of Smoking in Primary School Students in Manisa Province. *Tuberk Toraks*, 66(3): 224-233.
- 4) Altındağ, A., Oto, R., & Özkan, M. (2001). Inhalant-Related Disorders. *Bulletin of Clinical Psychopharmacology*, 11(2), 6
- 5) Atar, A. Ö., Yalçın, Ö., Uygun, E., Çiftçi Demirci, A., & Erdoğan, A. (2016). Evaluation of Family Functions, Couple Adjustment and Parental Attitudes in Adolescents with Substance Use Disorder. *Neuro-Psychiatry Archives*, 53(1), 38.
- 6) Can, M. (2007). İlköğretim II. Kademe Öğrencilerinde Görülen "Madde Bağımlılığı" Alışkanlığı [Unpublished Master's Thesis]. Sakarya University.
- 7) Erdem, G., Eke, C. Y., Ögel, K., & Taner, S. (2006). Friend Characteristics and Substance Use in High School Students. *Journal of Dependence*, 7, 111-116.
- 8) Gökler, R., & Koçak, R. (2008). Drug and Substance Addiction. *Gaziosmanpaşa University Journal of Social Sciences Research*, 03(05), 89-89.
- 9) Hanna, E. Z., Yi, H., Dufour, M. C., & Whitmore, C. C. (2001). The Relationship of Early-onset Regular Smoking to Alcohol Use, Depression, Illicit Drug Use, and Other Risky Behaviors During Early Adolescence: Results from the Youth Supplement to the Third National Health and Nutrition Examination Survey. *Journal of Substance Abuse*, 13(3), 265-282.
- 10) Özbay, Y., Yılmaz, S., Büyükköztürk, Ş., Aliyev, R., Tomar, İ. H., & Eşici, H. (2018). Substance Addiction: Empowering the Individual for a Clean Life. *Addicta: The Turkish Journal on Addictions*, 5(1), 81-130.
- 11) Satan, A. (2011). Investigation of the Relationships Between Peer Pressure, Self-Esteem and Alcohol Use in Adolescents. *M.Ü. Atatürk Faculty of Education Journal of Educational Sciences*, 34, 183-194
- 12) Ünsal, A., & Sezgin, S. (2008). Smoking Status of Primary School Students in Erzurum Province. *Turkish Thorax 124 Journal*, 10, 75-81
- 13) Access Yaman, Ö. (2014). Opinions of Drug Addicted Young People on Family Relationships: *Addicta: The Turkish Journal on Addictions*, 1(1), 99-132. Yedekçi, B., Çelikay, H., & Altıntoprak, A. E. (2017).